

# DEEP SPACE MUSIC: DO YOU FEEL EXHAUSTED AND BURNED OUT? RECLAIM YOUR MENTAL HEADSPACE!

Maintaining love, peace and connection in our busy lives is becoming increasingly difficult when reality is hitting us with evermore updates on division and separation every day. As the pace in our modern information age ramps up at an exponential rate, more and more people are left confused and overwhelmed, unable to respond from their deepest true self.

Dampening our emotions to avoid dealing with unpleasant situations and experiences is a common response in modern societies. They have not (yet) been able to provide the motivational and structural necessities for all humans to flourish.

All of our daily impressions being experienced, leave an imprint in our mental headspace and shape our future self. It is more important than ever to be conscious, and mindful of the information we allow in. Safety, good intention and inner strength are not only necessary but crucial to bring out the best version in oneself and thereby benefiting all.

With the right mindset the journey is fun and exciting!

## HOW DOES DEEP SPACE MUSIC HELP?

Through its tranquilizing, repetitive nature, it helps us to let go and reach deeper states of consciousness and emotional sensitivity.

Deep Space Music is dedicated to ease our stressed minds and helps to reclaim the space we need for ourselves, in order to reflect, develop and navigate us along our journey to allow ourselves shine in our purest and highest expression.

## THE POWER OF VIBRATION

Ask yourself: What is music? What is sound?

You will quickly see that there is more to the question than just naming your typical entertainers from the last decades and centuries...

Sound and music is **vibration**. It has the ability to directly affect our **emotional and physical body** and amplify what is inside of us. It can entertain, it can encourage, it can make you feel love and it can heal.

The power of vibration can reach its highest potential the more we let ourselves feel the musical journeys unfolding before our ears and link them to your own life.





„This is for the seekers,  
who carry within, the light of curiosity,  
embracing the all encompassing awe of the universe,  
to uncover the secrets of our mere existence....“  
- *Deep Space Music*

Musical aspects under investigation and experimentation:

LFO (Low Frequency Oscillation)  
Intonation systems  
Microtonality  
Cymatics  
Delta/theta brain wave states  
Polyrhythms

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